

Elementary Sites:

ILC
Baxter
Foster
Jefferson
Las Flores
Lindstrom
Pyle
Ramona
Washington
Williams
Woodruff

Secondary Sites:

BAE
ATC
SHS



Bellflower Unified
School District

March 2022

**Elementary & Secondary School
Breakfast & Lunch Menu**

(Breakfast & Lunch will be served at all sites)

We are an Equal Opportunity Provider.
This Menu is Subject to Change Without Prior Notice.

Daily Choices:**Breakfast & Lunch:**

Fruit Variety




Milk Options (choose 1):

Non-fat, 1%,
NF Chocolate*

(*Mondays & Fridays ONLY)

Alternative Entree:

Yogurt Meal

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Brunch For Lunch: Pork Sausage & Cheese Sandwich w/ Ketchup Pkt Hash Browns Orange Juice</p>	<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Brunch For Lunch: Pork Sausage & Cheese Sandwich w/ Ketchup Pkt Hash Browns Orange Juice</p>	<p>Cereal 1% White Milk Craisins</p> <p>Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Salad Cucumbers w/ Ranch Pkt Apple Slices</p> 	<p>French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice</p> <p>Corn Dog Crinkle Fries Orange Wedges Served w/ Mustard, Ketchup, & Ranch Pkt</p>	<p>Cereal 1% White Milk Craisins</p> <p>SHS: Breakfast Only Beef Nachos w/ Shredded Cheese Tortilla Chips Refried Beans & Salsa Honeydew Bites</p>
7	8	9	10	11
NATIONAL BREAKFAST WEEK				
<p>Cereal or Chocolate Concha 1% White Milk Craisins</p> <p>Cheeseburger Crinkle Cut Fries Salad Fruit Cup Served w/ Mustard, Ketchup, & Ranch Pkt</p>	<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Turkey & Cheese Sub Baby Carrots Very Berry Juice Served w/ Mayo, Mustard, & Ranch Pkt</p>	<p>Cereal or Chocolate Concha 1% White Milk Craisins</p> <p>Pepperoni & Cheese Pizza Salad Cucumbers w/ Ranch Pkt Apple Slices</p>  <p>Pizza Hut Day!! (BAE, ATC, SHS ONLY)</p>	<p>French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice</p> <p>Chile Verde Cheese Tamales Refried Beans w/ Cheese Orange Wedges</p>	<p>Cereal or Chocolate Concha 1% White Milk Craisins</p> <p>Sack Lunch</p> <p>Minimum Day!</p>
14	15	16	17	18
<p>Cereal 1% White Milk Craisins</p> <p>Chicken Nuggets Chips Celery Sticks Baby Carrots Fruit Cup Served w/ Ketchup & Ranch Pkt</p>	<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Brunch For Lunch: Pork Sausage & Cheese Sandwich w/ Ketchup Pkt Hash Browns Orange Juice</p>	<p>Cereal 1% White Milk Craisins</p> <p>Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Salad Cucumbers w/ Ranch Pkt Apple Slices</p> 	<p>Happy National Nutrition Month! French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice</p> <p>Chicken Sandwich Vegetarian Beans Jicama w/ Tajin Orange Wedges</p>  <p>NEW!</p>	<p>Cereal 1% White Milk Craisins</p> <p>SHS: Breakfast Only Spaghetti & Meat Sauce Garlic Bread Salad w/ Italian Dressing Packet Honeydew Bites</p>
21	22	23	24	25
<p>Cereal 1% White Milk Craisins</p> <p>Cheeseburger Crinkle Cut Fries Salad Fruit Cup Served w/ Mustard, Ketchup, & Ranch Pkt</p>	<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Turkey & Cheese Sub Baby Carrots Very Berry Juice Served w/ Mayo, Mustard, & Ranch Pkt</p>	<p>Cereal 1% White Milk Craisins</p> <p>Pepperoni & Cheese Pizza Salad Cucumbers w/ Ranch Pkt Apple Slices</p>  <p>Pizza Hut Day!! (BAE, ATC, SHS ONLY)</p>	<p>French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice</p> <p>Chile Verde Cheese Tamales Refried Beans w/ Cheese Orange Wedges</p>	<p>Cereal 1% White Milk Craisins</p> <p>SHS: Breakfast Only Orange Chicken Brown Rice Broccoli Honeydew Bites</p> 
28	29	30	31	
<p>Cereal 1% White Milk Craisins</p> <p>Chicken Nuggets Chips Celery Sticks Baby Carrots Fruit Cup Served w/ Ketchup & Ranch Pkt</p>	<p>Muffin Non-Fat Chocolate Milk Applesauce</p> <p>Brunch For Lunch: Pork Sausage & Cheese Sandwich w/ Ketchup Pkt Hash Browns Orange Juice</p>	<p>Cereal 1% White Milk Craisins</p> <p>Pizza Hut Day!! (Elementary ONLY) Pepperoni & Cheese Salad Cucumbers w/ Ranch Pkt Apple Slices</p> 	<p>French Toast Sticks w/ Syrup 1% White Milk 100% Fruit Juice</p> <p>SHS: Breakfast Only (Career Day) Corn Dog Crinkle Fries Orange Wedges Mustard, Ketchup, & Ranch Pkt</p>	